



UCSF PRETERM BIRTH INITIATIVE COLLABORATORY

Stress and Depression During Pregnancy: Impact on Mother and Child and a Community- Based Strategy to Build Resilience

APRIL 21, 2016 8-9:30 AM | breakfast served at 7:30 AM

**Mission Bay Campus | MH 1400
550 16th Street San Francisco, CA 94158**

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Our eminent panelists, drawn from diverse backgrounds, will lead discussions on maternal stress and depression and their impact on fetal, newborn and maternal health. They will also discuss community strategies to reduce stress during pregnancy and build resilience.

Jenée Johnson

Ms. Johnson is the Program Director for the San Francisco Black Infant Health Program (SFBIIH). SFBIIH is a community-based program for pregnant Black women designed to empower women, build resilience and reduce stress through groups and individual support. The program, centered on the African American woman's needs, values and culture, aims to help participants have positive birth outcomes thereby reducing the incidents of infant mortality. Jenée is a certified professional coach and has led innovation projects in public education and public health in San Francisco for two decades.

Pathik D. Wadhwa, MD, PhD

Dr. Wadhwa is Professor of Psychiatry & Human Behavior, Obstetrics & Gynecology, Pediatrics, and Epidemiology at UC Irvine School of Medicine, and founding Director of the UCI Development, Health & Disease Research Program. His research examines the interface between biological, psychosocial and behavioral processes in human pregnancy, with an emphasis on outcomes related to fetal development, birth, and subsequent newborn, infant and child development and health.

Sandra Weiss, RN, PhD, FAAN

Dr. Weiss is Professor and the Robert C. and Delphine Wentland Eschbach Chair in Mental Health at UCSF. She is also Co-Director of the UCSF Depression Center and is involved in collaborative research with faculty in the Department of Psychiatry, the Division of Maternal-Fetal Medicine, and the Division of Neonatology. With funding from NIH, she is examining the effects of stress hormones, inflammatory markers, and maternal depression on development of the Hypothalamic-Pituitary-Adrenal Axis and stress regulation of preterm and term infants.

This meeting is open to everyone!

Please RSVP to: pretermbirth@ucsf.edu

If you are unable to join in person, please email us for instructions to access remotely.